

Young People's Travel Behaviour, Physical Activity, and Wellbeing

An invitation to take part in an online survey



The
Bikeability
Trust



Brunel
University
London



“What is it about?”

- We want to examine the relationship between young people’s travel behaviour, physical activity, and wellbeing

“Why am I being invited to take part?”

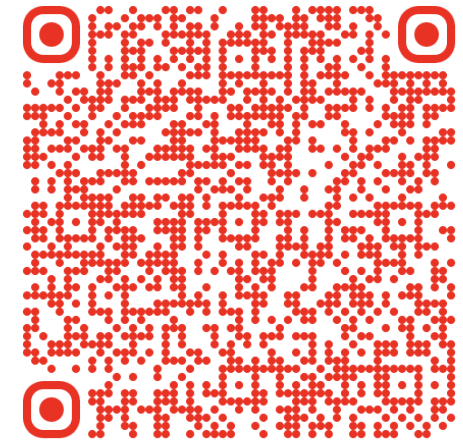
- You are aged 11-19 years of age and attend a secondary school or college

“What will happen if I take part?”

- You and your parent/carer will **log into an online survey**. You will both read an online information sheet, and will provide your joint consent to take part, if you are still willing at that stage. **The survey will take ~20 minutes to complete.**
- You will both provide personal information, details of your cycling qualifications, experience and attitudes, and your travel behaviour
- You will detail your physical activity levels and your subjective wellbeing. Your parent/carer will indicate their satisfaction with their household circumstances
- You will be entered into a **prize draw for one of twenty £50 Amazon gift cards**

“If I want to take part, then what should I do next?”

- Please scan the QR code, or ask your parent/carer to do so*



SURVEY PASSWORD: modeshift (all lowercase)

* NB: If you are under 18 years of age, your parent/carer will be called to verify their involvement in the survey (this will be from a withheld phone number). All surveys for which a telephone conversation has not been held with the parent/carer will be withdrawn.

ALSO: the survey will automatically close once 1,000 responses have been received. You will see a message to this effect if the survey has closed.

This study has been approved by the Brunel University London Research Ethics Committee to run from 20/6/2024 to 11/10/2024